The rotation rates of very small asteorids: Evidence for "rubble pile" structure. A. W. Harris, Jet Propulsion laboratory. Caltech.

A rotating sphere will be in a state of compression if the rotation frequency does not exceed the surface orbit frequency. J-his is equivalent to saying that the surface gravity is greater than the centrifugal acceleration at the equator. This concept can be generalized for a prolate spheroidal body spinning about a short axis by considering the centrifugal force vs. gravitation] acceleration at the tip of the long axis. Thus reduced to practical units, we can write an approximate relation between the rotation period, P, and the critical density, ρ_c , below which the body would "fly apart":

$$ho_c pprox \left(rac{3.3^h}{P}
ight)^2 \left(rac{a}{b}
ight) pprox \left(rac{3.3^h}{P}
ight)^2 \left(1+\Delta m
ight),$$

where a/b is the axis ratio of the prolate spheroid and Δm is the amplitude of lightcurve variation of the body, which is very roughly related to the axis ratio as indicated. In a recent analysis of an expanded data set of the rotation rates and amplitudes of variation of 1 07 asteroids smaller than 10 km in diameter, 1 note a distribution of rotation rates which appears truncated, rather than smoothly dropping to zero, at a rotation period below about 2.5 hours. In a plot of all 688 known asteroid rotation periods vs, amplitude of lightcurve variation, one can draw lines of constant ρ_c , to observe that there appears to be a barrier, so mewhat parallel to the curves at a value of $\rho_c \approx 2.5 \text{ gm/cm}^3$. That is, the very fastest spinning asteroids are actually rather spherical, since more clongated bodies spinning that fast would fly apart. 1 conclude from these lines of evidence that most, if not all, asteroids, even down to the very smallest ones sampled (<1 km in diameter), are not monolithic, indeed the apparent density threshold suggested of $\sim 2.5 \text{ gm/cm}^3$, indicates that even small asteroids have a substantial bulk porosity, thus they may be "rubble piles" rather than fairly solid bodies.